

EXPAND YOUR SPIRITUAL, SOCIAL & PROFESSIONAL DIMENSIONS!

A Bi-Annual Catholic Conference In Singapore For Working Adults

# Living A Holystic Life

Spiritually, Socially & Professionally



Christ@Work

**SATURDAY,**  
**5th DECEMBER 2009**

**Venue:**

Catholic Junior College  
Performing Arts Centre • SINGAPORE

**Only \$60\***

**For A Power-Packed Spirit-Filled  
Full Day Event**

(Inclusive of Lunch, Tea Breaks &  
Conference Material)

**More Details:**

[www.christatworkconference.com](http://www.christatworkconference.com)

Are you a working adult searching for the meaning of life?

Would you like to find some inspiration to help you grow spiritually, socially & professionally?

Are you looking to find God in the maze of modern-day addictions & alternatives?

How do we use modern technology like CRM, FaceBook, Twitter & Blogs to build God's Kingdom?

If you are a working adult desiring to live a more complete, meaningful and happy life in God's light, this conference is for you.

Attending the conference will help you better understand God's plan for you at your workplace, family and church and equip you with the right skills to be witnesses of God.

You will hear from multiple talented speakers with exciting and passionate stories of God's workings in their lives.

*Given the overwhelming success of Christ@Work 2005 & 2007, Christ@Work 2009 is an event you wouldn't want to miss! Get your tickets early!*

## Who Should Attend:

- Catholic working adults who would like to grow spiritually, socially and professionally.
- Catholic working adults who would like to get inspired by the moving testimonies of various speakers and panellists who have found the real and experiential God.
- Catholic working adults interested in networking with their peers to discuss issues of spirituality at the workplace, families & everyday society.

*Get your tickets today!*

\* *Price per person for groups of 5 or more.  
Normal price \$65 per person*

### An Initiative Of:

Praise@Work, a Catholic Charismatic  
Group for Working Adults

### Supported By:

Catholic Business Network  
& Caritas Singapore

### More Details:

For more details and registrations, please log onto [www.christatworkconference.com](http://www.christatworkconference.com)

### Enquiries & Registrations:

Email: [info@christatworkconference.com](mailto:info@christatworkconference.com), Phone: 9420 5321

# Living A Holystic Life

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CONFERENCE PROGRAMME: 5th DECEMBER 2009



8.00am	REGISTRATION	1.35pm	SPIRITUAL INTELLIGENCE (SQ) – BEYOND IQ AND EQ <b>Kwek Mean Luck</b> Director, Industry Division, Ministry Of Trade & Industry The area of Spiritual Intelligence makes us a complete person in God's eyes beyond the usual worldly pursuits of wanting to have a higher intelligence quotient (IQ) and emotional quotient (EQ). Spiritual Intelligence helps us to see the world through Jesus's eyes and challenges us to make decisions as Jesus would in our pursuit of a happier, meaningful and fulfilling life.
8.30am	WELCOME & PRAISE AND WORSHIP	2.10pm	PANEL DISCUSSION :  CHURCH 2.0 "Using Technology To Build God's Kingdom" A panel about how technological advancements have reshaped the world that we live in and are starting to play a pivotal role in church management, evangelisation, community building etc.  MODERATOR : <b>Bernard Yu</b> President of Family Life Society  PANELLISTS: <b>Willie Cheng</b> Former Country Managing Director of Accenture, Chairman of Caritas Singapore, Author of "Doing Good Well"  <b>Michael Walsh</b> Missionary, Motivator, Evangelist  <b>Lester Kho</b> Praise@Work  <b>Don Basil</b> Faculty & Trainer, The LogicMills School of Thinking  <b>Nicholas Lee</b> CEO, The Ideas Factory
9.00am	ADDRESS BY GUEST-OF-HONOUR <b>Archbishop Nicholas Chia</b>		
9.15am	KEYNOTE ADDRESS : LIVING OUT YOUR SPIRITUALITY IN YOUR WHOLE LIFE <b>Michael Walsh (From Ohio, United States)</b> Missionary, Motivator, Evangelist Michael Walsh is a dynamic Catholic motivational speaker and evangelist from the United States who has motivated and encouraged Catholics of all ages to live out their faith in their every day lives. He is featured monthly on EWTN's Global Radio Network's Sunrise Morning Show and is endorsed by his Archdiocese, the Salesians of Don Bosco and the Christian Foundation for Children and Aging. Michael's experiences as an entrepreneur, missionary, father, husband, actor, video producer and youth minister help him as he goes out to preach the Gospel and minister to Catholics, practising and non-practising, around the world and bring his listeners on a journey of faith and life and point them to Jesus Christ and His Holy, Apostolic Catholic Church. Listen to him speak about how God prevails and supports your whole life – spiritually, socially and professionally especially with respect to working adults.		
10.00am	NETWORKING GAME		
10.30am	TEA BREAK		
11.00am	PUTTING ALL YOUR STAKES ON GOD <b>Edwyn De Souza</b> Youth Counsellor and Evangelist, Catholic Archdiocesan Youth Centre In a life where security comes from possessions and acquired achievements, we examine life that is lived out from a faith experience, that is able to chart its direction and provide for all the needs of each and every individual, a life that relies on God alone.		
11.40am	SPLIT TRACKS Track 1: LIVING OUT THE EUCHARIST IN THIS DAY & AGE <b>Michael Walsh</b>  Track 2: GOD – MY SILENT PARTNER IN BUSINESS <b>Nicholas Lee,</b> CEO, The Ideas Factory  Track 3: NOT THE ART, NOT THE SCIENCE, BUT THE SPIRITUALITY OF CONFLICT MANAGEMENT <b>Liz Gay,</b> Author of <i>Living from the Heart: How to Create Change in your Life by Changing the Language you Speak</i>	3.10pm	TEA BREAK
12.20am	LUNCH	3.40pm	SPLIT TRACKS Track topics as per earlier session
1.20pm	PRAISE & WORSHIP	4.20pm	RE-ENERGIZING MARRIAGES <b>Bernard &amp; Ying Thio</b> Occupational health physician, Dr. Bernard Thio and his wife, Ying Thio, a litigation lawyer, are parents of six kids. They will speak on the challenges of maintaining a work/life balance in modern marriages and the importance of building Christ centred marriages.
		5.00pm	MASS
		6.00pm	END OF CONFERENCE

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Michael Walsh



Edwyn De Souza



Nicholas Lee



Liz Gay



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Bernard & Ying